FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  CONTE LISA A				2. Issuer Name <b>and</b> Ticker or Trading Symbol Jaguar Health, Inc. [ JAGX ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner					mer	
(Last) (First) (Middle) C/O JAGUAR HEALTH, INC. 200 PINE STREET, SUITE 400					3. Date of Earliest Transaction (Month/Day/Year) 04/05/2021							X Officer (give title Other (specify below) CEO and President						
(Street) SAN FRANCI	sco C	A	94104	4.	4. If Amendment, Date of Original Filed (Month/Day/Year)							. Indi ine) X	′					
(City)	(S	tate)	(Zip)															
		Та	ble I - Non-De	rivati	ve Se	ecurities	s Ac	quired, D	isp	osed o	f, or Be	neficia	lly	Owned				
Date			ansaction th/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Dispose Code (Instr.		4. Securi Disposed	rities Acquired (A) o ed Of (D) (Instr. 3, 4		nd 5)	5. Amount of Securities Beneficially Owned Following Reported		Form: Direct		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Amount	t (A) or (D) Price		е	Transaction(s) (Instr. 3 and 4)				(111501.4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code 8)		Derivative		6. Date Exercisal Expiration Date (Month/Day/Year)		of Securities		ies g Security		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficia Owned Following Reported	e s Illy J	Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)
				Code	v	(A) (D)		Date Exercisable	Ex <sub>I</sub>	piration te	Title	Amount or Number of Share	r		Transacti (Instr. 4)	on(s)		
Stock option (right to buy) <sup>(1)</sup>	\$1.99	04/05/2021 <sup>(2)</sup>		A		810,000		(3)		/05/2031	Common Stock	810,00	00	\$0	810,000		D	
Restricted stock units <sup>(1)</sup>	(4)	04/05/2021 <sup>(2)</sup>		A		405,000		(5)		(5)	Common Stock	405,00	00	\$0	405,00	00	D	

## Explanation of Responses:

- 1. Granted pursuant to the issuer's 2014 Stock Incentive Plan.
- $2. \ The \ option \ and \ restricted \ stock \ unit \ grants \ were \ approved \ by \ the \ issuer's \ board \ of \ directors \ on \ April \ 5, \ 2021.$
- 3. The option will vest ratably on a monthly basis over 36 months from the grant date, so long as the executive remains employed by the issuer.
- ${\bf 4.} \ Each \ restricted \ stock \ unit \ represents \ a \ contingent \ right \ to \ receive \ one \ share \ of \ the \ issuer's \ common \ stock.$
- 5. The restricted stock units vest in three equal annual installments beginning on April 5, 2022, the first anniversary of the grant date. Vested shares will be delivered to the reporting person on the vesting date or dates provided in the grant notice.

04/07/2021

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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