SEC	Form	4
-----	------	---

FORM -	4
--------	---

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

OMB Number:	3235-0287				
Estimated average burden					
hours per response:	0.5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] <u>MacNaughtan Murray David</u>					2. Issuer Name and Ticker or Trading Symbol Jaguar Health, Inc. [JAGX]						tionship of Reporting all applicable) Director Officer (give title	10% 0	son(s) to Issuer 10% Owner Other (specify	
(Last) C/O JAGUAR H 201 MISSION S	(First) EALTH, INC. FREET, SUITE 23	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 07/11/2018							below)	below		
(Street) SAN FRANCISCO (City)	CA (State)	94105 (Zip)	4.	4. If Amendment, Date of Original Filed (Month/Day/Year)							ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person			
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned														
1. Title of Security	linstr. 3)		2. Transactic Date (Month/Day/	Execution Date, Transaction Disposed Of (D) (Instr. 3, 4			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)					
				Code V Amount (A) or (D) Pr						Price	Transaction(s) (Instr. 3 and 4)		(1150.4)	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)				ies Derivative g Security Security (Instr. 5) nd 4)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		
Stock Option (right to buy) ⁽¹⁾	\$1.36	07/11/2018 ⁽²⁾		A		104,860		(3)	07/11/2028	Common Stock	104,860	\$0	104,860	D	

Explanation of Responses:

1. Granted pursuant to the Issuer's 2014 Equity Incentive Plan.

2. The option grant was approved by the Issuer's board of directors on July 11, 2018.

3. Vests in equal monthly installments, beginning on July 11, 2018, such that it is vested in full on the 3-year anniversary of the grant date.

/s/ Karen S. Wright, Attorney-	07/12/2010
in-Fact	07/13/2018

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.