SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

ON	IB A	APPR	OVAL	•

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

1. Name and Address of Reporting Person*			2. Issuer Name and Ticker or Trading Symbol					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
<u>BOCHNOWSKI JAMES J</u>			Jaguar Health, Inc. [JAGX]				` x	Director	10% C	Dwner			
(Last)	(First)	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 08/14/2023							Officer (give title below)	Other below	(specify)
C/O JAGUAR HEALTH, INC. 200 PINE STREET, SUITE 400			4. If Amendment, Date of Original Filed (Month/Day/Year)				6. Indi Line)	ndividual or Joint/Group Filing (Check Applicable e)					
										X	Form filed by On	e Reporting Per	son
(Street)											Form filed by Mo Person	re than One Re	porting
FRANCISCO	CA	94104			Rule 10b5-1(c) Transaction Indication								
(City)	(State)	(Zip)		Check this box to indicate that a transaction was made pursuant t satisfy the affirmative defense conditions of Rule 10b5-1(c). See I									
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned													
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da			2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr					5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
						Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock			08/14/2	023		A		76,613	A	\$ <mark>0</mark>	78,876	D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned													

(e.g., puts, calls, warrants, options, convertible securities) 1. Title of 3. Transaction 3A. Deemed 5. Number 6. Date Exercisable and 7. Title and 8. Price of 9. Number of 10. 11. Nature 2. Derivative Security (Instr. 3) Execution Date, if any (Month/Day/Year) Transaction Code (Instr. Ownership Form: Direct (D) Conversion Date Expiration Date (Month/Day/Year) Amount of Derivative derivative of Indirect Beneficial Security (Instr. 5) or Exercise (Month/Day/Year) Derivative Securities Securities Price of 8) Securities Beneficially Underlying Ownership Acquired (A) or Disposed Owned Following Reported or Indirect (I) (Instr. 4) Derivative Derivative (Instr. 4) Security Security (Instr. 3 and 4) of (D) (Instr. 3, 4 and 5) Transaction(s) (Instr. 4) Amount or Number Date Exercisable Expiration Date of Shares Title Code v (A) (D)

Explanation of Responses:

/s/ Lisa A. Conte, Attorney-in-08/14/2023

<u>Fact</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.