SEC For	m 4															
FORM 4			UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549											OMB APPROVAL		
Section 16. Form 4 or Form 5 obligations may continue. See					NT OF CHANGES IN BENEFICIAL OWNER ed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940							Esti		OMB Number: 3235-0287 Estimated average burden hours per response: 0.5		
1. Name and Address of Reporting Person*					2. Issuer Name and Ticker or Trading Symbol Jaguar Health, Inc. [JAGX]							ck all applica	able)	10% Owner		
(Last) (First) (Middle) C/O JAGUAR HEALTH INC. 201 MISSION STREET, SUITE 2375					3. Date of Earliest Transaction (Month/Day/Year) 03/20/2020							X Officer (give title Other (specify below) below) Chief Accounting Officer				
(Street) SAN FRANCISCO			94105	4	. If Ame	endment, I	Date (of Original Filed (Month/Day/Year)			Line	Individual or Joint/Group Filing (Check Applicable le) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State)			(Zip)													
Table I - Non-Deriv. 1. Title of Security (Instr. 3) 2. Transi Date (Month/E)					ction 2A. Deemed Execution Date		3. Transacti Code (Ins	4. Securi			5. Amoun Securities Beneficia Owned Fo Reported	s F Ily (I ollowing (I	5. Ownership Form: Direct D) or Indirect I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code V		(A) oi (D)	File	Transacti (Instr. 3 a	on(s) nd 4)			
			Table II - D (e					uired, Dis s, options,				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Ye	Code		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and of Securiti Underlying Derivative (Instr. 3 an	es g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	,		
Stock Option (right to buy) ⁽¹⁾	\$0.45	03/20/2020 ⁽²⁾		A		238,293		(3)	03/20/2030	Common Stock	238,293	\$0	238,293	D		

Explanation of Responses:

1. Granted pursuant to the issuer's 2014 Stock Incentive Plan.

2. The option grant was approved by the issuer's board of directors on March 20, 2020.

3. The option will vest ratably on a monthly basis over 36 months from the grant date, so long as the executive remains employed by the issuer.

/s/ Lisa A. Conte

** Signature of Reporting Person

03/24/2020

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.