FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	STATEMENT	OF CHANGES	IN RENEFICIAL	OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								

0.5

Estimated average burden hours per response:

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.
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1. Name and Address of Reporting Person* BOCHNOWSKI JAMES J				2. Issuer Name and Ticker or Trading Symbol Jaguar Health, Inc. [JAGX]							(Ch	5. Relationship of Reporting Per (Check all applicable) Director			10% Ov	ner		
(Last) (First) (Middle) C/O JAGUAR HEALTH, INC. 200 PINE STREET, SUITE 400				10	3. Date of Earliest Transaction (Month/Day/Year) 10/08/2024								below)	(give title		Other (s below)		
(Street) SAN FRANCI	sco C.	A	94104		- 4.	f Ame	ndment, [Oate o	of Original Fil	ed (Month	/Day/\	Year)	Line	Form f	led by One	Repo	orting Person	n
(City)	(S		(Zip)															
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security (Instr. 3) 2. Transaction Date 2. Transaction Date 2. Deemed Execution Date, Transaction Disposed Of (D) (Instr. 3, 4 and Securities Sec																		
(Month/Da				/Day/Ye				Code (Ins	Code (Instr. 5)		1 Of (D) (Instr. 3, 4		Beneficia	illy (D) ollowing (I) (I	(D) or	or Indirect nstr. 4)	Beneficial Ownership (Instr. 4)	
									Code V	Amou	nt	(A) or (D)	Price	Transact (Instr. 3	ion(s)			inisti. 4)
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date,		ansaction of ode (Instr. Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		of Ui De	7. Title and Amou of Securities Underlying Derivative Securi (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	lly	Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisable	Expiration Date		ïtle	Amount or Number of Shares					
Stock option (right to buy) ⁽¹⁾	\$1.29	10/08/2024 ⁽²⁾			A		23,200		(3)	10/08/20		Common Stock	23,200	\$0	23,200	0	D	

Explanation of Responses:

- 1. Granted pursuant to the issuer's 2014 Stock Incentive Plan.
- 2. The option grant was approved by the issuer's board of directors on October 8, 2024.
- 3. The options will vest 100% on the first anniversary of the grant date, so long as the reporting person continues to serve on the board of directors of the issuer.

/s/ Lisa A. Conte, Attorney-in-

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.