FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

TATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
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hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Wolin Jonathan S.					2. Issuer Name and Ticker or Trading Symbol Jaguar Health, Inc. [JAGX]							5. I (Cł	eck all app Direc	icable)	g Pers	son(s) to Issi 10% Ow Other (s	ner	
(Last) (First) (Middle) C/O JAGUAR HEALTH, INC. 200 PINE STREET, SUITE 400					3. Date of Earliest Transaction (Month/Day/Year) 12/27/2022								X below) below) Chief of Staff, CCO & GC					
(Street) SAN FRANCI			94104 (Zip)		4. If Amendment, Date of Original F				Filed	(Month/Da	ay/Year)	6. I Lin	ndividual or Joint/Group Filing (Check Applicable X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(9)			,	n-Deriv	ative	e Se	curit	ies Ac	auired	Dis	nosed o	f. or Be	neficial	lv Owne				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da			action	2A. Deemed Execution Date,		quired, Disposed of, or Benefic 3. Transaction Code (Instr. 8) 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			ed (A) or	5. Amo Securit Benefic Owned	unt of es ially Following	Form (D) o	Ownership rm: Direct) or Indirect (Instr. 4)	7. Nature of Indirect Beneficial Ownership				
							Code	v	Amount	(A) or (D)	Price	Reporte Transa (Instr. 3	ction(s)	ion(s)		(Instr. 4)		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security (Instr. 3) 3. Transaction Date Execution Date (Month/Day/Year) (Month/Day/Year)		Date, T		ransaction of ode (Instr. Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amoun of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)				
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amount or Number of Shares					
Employee Stock Option (right to buy)	\$5.97	12/27/2022			D			21,112	(2)	C	14/05/2031	Common Stock	21,112	\$0	0(1)		D	

- 1. The option was cancelled by mutual agreement of the reporting person and Jaguar Health, Inc. The reporting person received \$300 as consideration for the cancellation.
- 2. The option will vest ratably on a monthly basis over 36 months from the grant date, so long as the executive remains employed by the issuer.

/s/ Jonathan S. Wolin

12/28/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.