UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

SCHEDULE 13G

Under the Securities Exchange Act of 1934 (Amendment No. __n/a__)*

Jaguar Health, Inc.

(Name of Issuer)
Common Stock, Par Value \$0.0001 Per Share
(Title of Class of Securities)
47010C706
(CUSIP Number)
May 08, 2023

(Date of Event Which Requires Filing of this Statement)

Check the appropriate box to designate the rule pursuant to which this Schedule is filed:

- o Rule 13d-1(b)
- x Rule 13d-1(c)
- o Rule 13d-1(d)

The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

^{*} The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

CUSIP No.	470100	2706			
1	NAMES OF REPORTING PERSONS I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY) John Fife and Fredrick Waid				
	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP (SEE INSTRUCTIONS)				
2	(a) o (b) o				
	SEC USE ONLY				
3					
	CITIZENSHIP OR PLACE OF ORGANIZATION				
4	United States of America				
			SOLE VOTING POWER		
		5	1,908,651 on behalf of John M. Fife, 0 on behalf of Fredrick Waid		
			SHARED VOTING POWER		
		6	0		
NUMBER OF SHARES			SOLE DISPOSITIVE POWER		
BENEFICIALLY		7	1,908,651 on behalf of John M. Fife, 0 on behalf of Fredrick Waid		
OWNED BY EACH			SHARED DISPOSITIVE POWER		
REPORTING PERSON WITH:		8			
	1	EGATE	AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON		
9	19,086 on behalf of John M. Fife, 1,889,565 on behalf of Fredrick Waid				
	CHECK IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (SEE INSTRUCTIONS)				
10	0				
PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)					
11	L 9,99*%				
_	TYPE OF REPORTING PERSON (SEE INSTRUCTIONS)				
12	INI				

FOOTNOTES

^{*}The percentages set forth herein are calculated based on 19,105,622 shares outstanding as of May 19, 2023, as reported by the Issuer in its Annual Report to Security Holders filed with the SEC on June 1, 2023.

Item 1.

- (a) Name of Issuer Jaguar Health, Inc.
- (b) Address of Issuer's Principal Executive Offices 200 Pine Street, Suite 400 San Francisco, CA 94104

Item 2.

- (a) Name of Person Filing John M Fife Fredrick Waid
- (b) Address of Principal Business Office or, if none, Residence John M Fife:

303 East Wacker Drive, Suite 1040 Chicago, IL 60601

Fredrick Waid:

303 East Wacker Drive, Suite 1040 Chicago, IL 60601

- (c) Citizenship
 United States of America
- (d) Title of Class of Securities Common Stock, Par Value \$0.0001 Per Share
- (e) CUSIP Number 47010C706

Item 3. If this statement is filed pursuant to §§240.13d-1(b) or 240.13d-2(b) or (c), check whether the person filing is a:

- (a) o Broker or dealer registered under section 15 of the Act (15 U.S.C. 78o).
- (b) o Bank as defined in section 3(a)(6) of the Act (15 U.S.C. 78c).
- (c) o Insurance company as defined in section 3(a)(19) of the Act (15 U.S.C. 78c).
- (d) o Investment company registered under section 8 of the Investment Company Act of 1940 (15 U.S.C 80a-8).
- (e) o An investment adviser in accordance with §240.13d-1(b)(1)(ii)(E);
- (f) o An employee benefit plan or endowment fund in accordance with §240.13d-1(b)(1)(ii)(F);
- (g) o A parent holding company or control person in accordance with § 240.13d-1(b)(1)(ii)(G);
- (h) o A savings associations as defined in Section 3(b) of the Federal Deposit Insurance Act (12 U.S.C. 1813);
- (i) o A church plan that is excluded from the definition of an investment company under section 3(c)(14) of the Investment Company Act of 1940 (15 U.S.C. 80a-3);
- (j) o A non-U.S. institution in accordance with § 240.13d-1(b)(1)(ii)(J).
- (k) o A group, in accordance with § 240.13d-1(b)(1)(ii)(K). If filing as a non-U.S. institution in accordance with § 240.13d-1(b)(1)(ii) (J), please specify the type of institution:

Item 4. Ownership.

Provide the following information regarding the aggregate number and percentage of the class of securities of the issuer identified in Item 1.

- (a) Amount beneficially owned: 19,086
- (b) Percent of class: 0.1%
- (c) Number of shares as to which the person has:
 - (i) Sole power to vote or to direct the vote: 1,908,651
 - (ii) Shared power to vote or to direct the vote: 0
 - (iii) Sole power to dispose or to direct the disposition of: 1,908,651
 - (iv) Shared power to dispose or to direct the disposition of: 0

Item 5. Ownership of Five Percent or Less of a Class

If this statement is being filed to report the fact that as of the date hereof the reporting person has ceased to be the beneficial owner of more than five percent of the class of securities, check the following o.

Item 6. Ownership of More than Five Percent on Behalf of Another Person.

Item 7. Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on By the Parent Holding Company

The 1,908,651 shares referenced in this Schedule 13G are issued into the name of Uptown Capital, LLC, a Utah limited liability company ("Uptown"). Uptown is wholly-owned by Andersonville Capital, LLC, a Delaware limited liability company ("Andersonville"). Andersonville is 99% beneficially owned by the Van Sicklen Road Trust (the "Trust") and 1% beneficially owned by John M. Fife ("Fife"). The Trust is managed by Fredrick Waid, who serves as its trustee. Fife has sole voting power of Andersonville.

Item 8. Identification and Classification of Members of the Group

Item 9. Notice of Dissolution of Group

SIGN	ATURE				
After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete accorrect.					
	John Fife				
Date: July 13, 2023	By: /s/ John Fife Name: John Fife				
Footnotes:					
Attention: Intentional misstatements or omissions of fact constitute Federal criminal violations (See 18 U.S.C. 1001)					

Certification

Not applicable.

Item 10.